

How To Easily Say Yes To The Best

written by Lynette Hanover

Why is it that we spend most of our time wanting something rather than enjoying the pleasures of having something? What is it that keeps the best of what we want away? The truth is what you want wants you too.

Know that you are valuable and deserve the best.

Your dreams are important and when you open yourself up to truly knowing that you are valuable and deserve the best your life will start having an easy positive flow.

Let go.

In order to embrace the best there needs to be room. Start today by making space in your life by letting go of people, situations, and possessions which no longer serve your greatest good.

When the best comes embrace it, and stop with the self-sabotage.

When the best is coming don't chase it away. Embrace the change as it is for the best in your life.

Have a good support system of family and friends who can keep you on track for what you truly want out of life.

Some of your family and friends will not want to you have what you want. It isn't because they don't love you, because they do. Simply they want everything to remain the same. It up to you to show them the safety of change and how it makes everything brighter in life. Rally support from those who will embrace and cheer you on to help your dreams become reality.

When the best comes...say yes.

Love and Happiness...

Lynette Hanover

www.lynettehanover.com

© Lynette Hanover

Want to share what you just read? Awesome, be sure to include "written by Lynette Hanover" and my website www.lynettehanover.com. Also, please send me a note to let me know where it will be featured so I can share your work on social media.

I wish you the very best always.