

Shine, Shine, Shine...Let Your Light Shine Today and Everyday

Written by: Lynette Hanover

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You are bright, not tarnished.

You are talented, not weak.

You are so much more than you have allowed yourself to believe.

While the world around you seems to have evolved, have you allowed yourself to be diminished in any way?

This is your time to shine.

What is it that you have been hiding from the world or even yourself that you tucked away, and is so excited to finally get out? Is it your joy of dance, your passion for science, your thrill in cooking? Open the passion that you naturally have and give yourself permission and a big time “YES” for bringing it into your life on a daily basis.

Too busy? Unsure of yourself? Start small and build it up from there. Today do at least one simple thing to let your light shine. It could be as easy as writing 5 sentences about how incredible your passion makes you feel, creating a schedule to include your talent this coming week, or talking to a friend about what your passion is. Tomorrow do one more simple thing in your area of joy, then the next day, and the day after that, and keep going and don't look back as you build your positive momentum.

Before you realize it your light will be shining brighter and brighter. This will enhance your joy of living and bring you an enriched experience of life. It will also make the world a more glorious place for all.

Love and Happiness...
Lynette Hanover

www.lynettehanover.com

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I wish you the very best always.